



PAMOJA HEALTH FOR BETTER CHILDREN

*Better Health.
Brighter Futures.*



ANNUAL REPORT 2025

Together for healthier children
and stronger communities.



**COMPASSIONATE
CARE**
Every child matters.



**STRONGER
COMMUNITIES**
Working together
for lasting change.



**SUSTAINABLE
IMPACT**
Building a brighter
future for all.

“ Every Child. Every Family. Every Community. ”

2025 it has been for Children and Mothers, working in Tanzania Rural Region to build strong, healthy communities. From a small founder-driven community-based organization with limited resources, we have grown into an innovative thought-leader, partnering with the Ministry of Health and ten district governments to dramatically improve access to quality reproductive, maternal, Children and newborn health care. In 2025, we continued scaling our Maternal and children including the Newborn

Health Systems Strengthening Program to Tanzania Rural Region and District, reducing Institutional Maternal Child and Perinatal Mortality by 15.% and 30.5%, respectively, since 2022. In our original districts of Kibaha and Mlandinzi, where we have partnered with local government for One year, we have maintained our dramatic reductions in both maternal Child and perinatal mortality, of 92.5% and 71.4% since 2022. Trough Nursing training for the Helping Babies Breath.

We have expanded our Mother Rescue Project to the Southern Zone of Tanzania as a pilot Study, delivering lifesaving transport services for women in labor and those requiring emergency referrals. Through a dedicated mobile phone line with a special access number, this innovative and affordable technological solution helps overcome one of the most significant barriers to accessing skilled maternal and newborn healthcare. The initiative has proven effective in increasing facility-based deliveries and reducing referral delays for mothers and newborns facing life-threatening complications.

In Lindi Rural women often struggle to access quality care. We are working with 20 Village Savings and Loan Associations to encourage savings for health to promote the sustainability of Mother Rescue and pave the way for the introduction of government-sponsored comprehensive health insurance in the coming years. Finally, our work in Lindi Rural includes building the capacity of health workers in 27 health centers we have provide skilled attendance at every delivery. We have worked to improve the Tanzania Government's Family Connect mobile phone platform, sending vital health information to mothers.

Since 2023, when we began scaling the Mother and Children Life saving Program in Lindi, we took note of the challenge of preventable complications and deaths of mothers and babies due to late referrals to our sole regional referral hospital. In the final three months of the year, thanks to the support of Nyangao Hospital, dedicated to health of women and children, we are scaling our Maternal and Newborn Health



As we write this letter at the close of December 2025, we know that the months and years ahead will be challenging. We thank our entire donor community and our staff, government health workers, district governments and the Ministry of Health for your partnership. Together, we are confident that Pamoja Health for Better Children will continue to grow and thrive in fulfilling our mission of quality health care for the women and children of Tanzania.

With gratitude,

Board Chair and Director





Mission

To improve maternal and neonatal outcome through creating better neonatal and postnatal services that are safe and timely to all mothers and children to reduce the incidence of complications and reduce maternal and fetal mortality.

Vision

To be one of the leading Health Organization in Tanzania that provides better Health to ensure that all children, mothers have access care, safe delivery and referrals for further management in a timely manner.

Who We Are

Pamoja health for Better Children (PHBC) is Non- For Profit organization involved in saving the Maximum number of Children's lives especially in preventing the illness and death of children. By improving the health of children. This organization was registered Under the Non-Governmental Organization Act, 2002 with Registration No: ONGO/R/3430.



About Us

We were founded by . Sospeter Nyagabaona and Milembe Elias Dadaya in 2018 with the mission to improve reproductive, maternal, Child and newborn health in Tanzania. And start the registration process on 20219.

As a local non-profit in Tanzania, we help pregnant women, and Under five Children decide to seek care and make it reachable and of highest quality. We believe that the real experts can be found locally, and that change must be sustainable.

Our staff of 15 committed health professionals empower women and their families to build healthy communities by supporting reproductive, maternal, newborn, and early childhood healthcare, sexual and reproductive health education.

Since 2020, we work together as a part of staff with the Tumbi Reginal Hospital, and St.Walburg's Nyangao Lindi Hospital to increase access to quality health services





In 2024, PHBC expanded its reach from 20 Villages to 50 Villages at Lindi rural Districts, where our innovative Mother Rescue Project, a cloud-based mobile phone application, connects women in labor to trained motorcycle drivers Boda Boda , ensuring timely transport from remote villages to health centers.

For emergency referrals from health centers to hospitals, the mother call the special Number to automobile Boda Boda , providing rapid emergency transport and saving lives. PHBC_ transforms the quality of maternal, Child, and newborn care by addressing each of the any Delays, which are responsible for the overwhelming majority of preventable maternal, child and newborn deaths.



Family Planning

Thanks to the support of Local Government, and ministry of health. PHBC_ has worked with the and Lindi District Government to improve access to modern family planning. And proving a lot of information and education about PF.

In 2024, About 120 community facilitators, including Community Health Workers, nurses, and local government leaders, were trained in mobilization, integration of family planning messaging, and dialogues.

These mobilizers reached 25,750 individuals with Family Planning information through community dialogues and 37,000 individuals through home visits



We contributed to a 14 -fold increase in the number of individuals who received services from Community-Based Family Planning Distributors.

The number of women receiving postpartum family planning increased from 10,500 in 2022 to 11,200 in 2024.



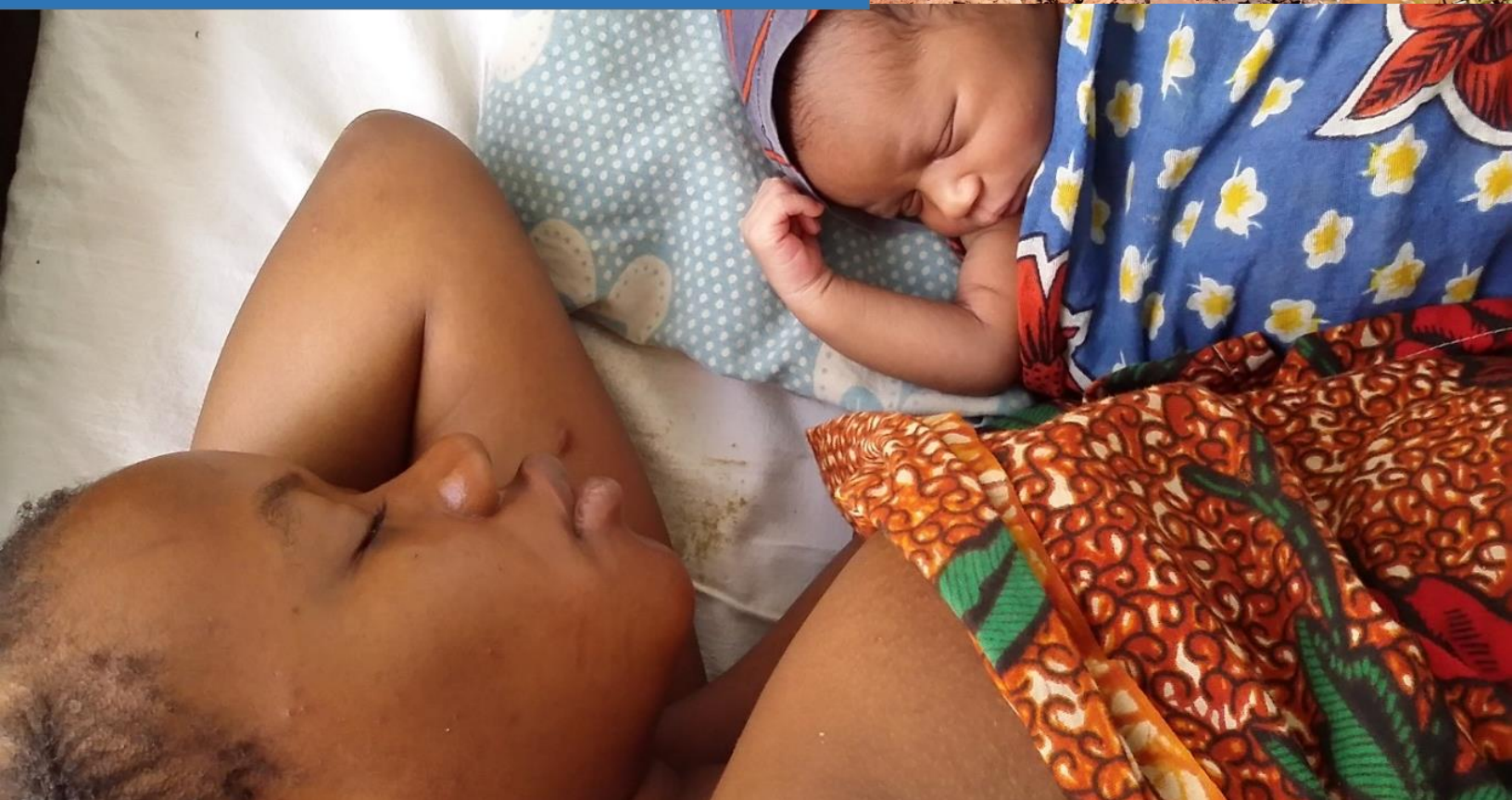


Mother Rescue (Mama Kiganjani) Program

Between 2023 and 2025, the Mother Rescue (Mama Kiganjani) Program facilitated safe transportation for About 1,500 women in labor from their homes to health facilities through our low-cost, mobile phone-based dispatch system. By addressing transportation barriers, the program directly contributes to increased skilled birth attendance and improved maternal and newborn survival.

Women who complete at least four antenatal care (ANC) visits receive transportation vouchers that connect them to trained local motorcycle riders. This incentive mechanism strengthens ANC attendance while ensuring timely access to facility-based delivery services.

During the same period, we coordinated 300 emergency for mothers and newborns experiencing life-threatening complications. Using automobile to transfer patients from health centers to hospitals, was reduced from an average of 2.5 hours to 25 minutes, significantly improving survival outcomes.



Helping Babies Breathe (HBB) Program



The Helping Babies Breathe (HBB) Project implemented by Pamoja Health for Better Children (PHBC) continues to strengthen neonatal care services across rural regions of Tanzania through evidence-based newborn resuscitation training and sustainable capacity-building initiatives. The program focuses on equipping healthcare workers with essential lifesaving skills, particularly the timely use of bag-and-mask ventilation within the “Golden Minute” after birth.

Since 2020 over the implementation period, the project successfully trained more than 800 midwives and indirectly reached over 1500 additional healthcare providers from various health facilities. Through interactive practical sessions, low-cost simulation models, refresher trainings, and mentorship, healthcare workers significantly improved their competencies in neonatal resuscitation and immediate newborn care.

As a result of improved neonatal resuscitation practices, the project contributed to saving more than 2,000 newborn lives across supported health facilities. The project also recorded substantial improvements in newborn care practices, with more than 95% of newborns requiring support receiving bag-and-mask ventilation within the Golden Minute after birth. To ensure sustainability, PHBC established local master trainers, strengthened partnerships with health authorities and stakeholders, and expanded educational access to underserved rural communities. The success of the HBB initiative has further contributed to the growth of additional maternal and newborn health interventions under the Helping Babies Survive framework.



Maternal, child and Newborn Health Program Activity (including malnutrition)

Since 2023, PHBC has advanced Maternal, Newborn, and Child Health (MNCH) through sustainable, community-centered interventions aimed at reducing preventable maternal and newborn deaths while addressing child malnutrition. Working in partnership with CHWs, District Health Teams, and development partners, PHBC strengthens public health systems, improves referral networks, and expands access to quality reproductive, newborn, and child health and nutrition services.

With support from, Hospitals PHBC expanded in 2024 to 50 Villages The program now serves approximately 2000 people across 50 villages. In 2023 these contributing directly to SDG 3 targets—particularly reducing maternal mortality (Target 3.1) and ending preventable newborn deaths (Target 3.2).

Nutrition services are fully integrated into maternal and child health programming. In 2024:

- 500 children under five were screened for malnutrition through routine growth monitoring and community outreach.
- 20 children were identified with Moderate Acute Malnutrition (MAM) and enrolled in supplementary feeding programs.
- 45 children were treated for Severe Acute Malnutrition (SAM), achieving a 92% recovery rate.
- 600 caregivers received counseling on exclusive breastfeeding and appropriate complementary feeding practices.
- Exclusive breastfeeding rates among supported facilities increased to 78% at six months.

These outcomes directly contribute to SDG 2 (Target 2.2) by addressing all forms of malnutrition, while reinforcing SDG 3 (Target 3.2) on child survival.

By prioritizing equitable access for marginalized rural populations—90% of whom depend on subsistence farming—PHBC advances Universal Health Coverage (Target 3.8), strengthens health system resilience, and promotes sustainable, community-based nutrition and health solutions.





Partnership and Newborn Continuum of Care Program

PHBC builds strategic, trust-based partnerships with District hospital and Health Centre to expand access to quality maternal and newborn care. Collective action is essential to strengthen health systems, reduce preventable deaths, and improve child survival.

Key Outcomes (2022–2024):

- 10 newborns were enrolled in the program.
- 5 mother-baby pairs were followed, with 92.8% achieving normal developmental milestones at six months.
- Malnutrition prevention and management: children received growth monitoring, nutritional counseling, and referral for treatment when necessary.
- Diarrhea and pneumonia prevention: caregivers were educated on hygiene, sanitation, early recognition of symptoms, and timely facility referral.
- Caregivers received guidance on breastfeeding, complementary feeding, parenting, and emotional support.
- Household surveys promoted healthy WASH practices and malaria prevention (mosquito nets).

By integrating newborn follow-up with nutrition, infection prevention, and household health education, the program strengthens child survival outcomes, reduces preventable morbidity and mortality, and supports SDG 3 targets (ending preventable deaths of newborns, Target 3.2) and SDG 2 (reducing malnutrition, Target 2.2).





Community Participation



As a Nurse I/C and trainer, From Nyangao Hospital I conducted multiple Emergency Maternal Obstetric and Newborn Care (EMONC) and Antenatal Care (ANC) training sessions for midwives. The trainings focused on equipping midwives with critical skills to manage life-threatening complications, including postpartum hemorrhage (PPH) and obstructed labor.

The midwives demonstrated great enthusiasm, actively engaging in hands-on exercises and discussions. Their dedication was truly inspiring. These sessions were invaluable not only for the participants but also for our team, as they offered an opportunity to refine our own knowledge, reinforce best practices, and strengthen our collective commitment to improving maternal and newborn health outcomes in these districts



Our Impact



PHBC Core:

98% reduction in institutional maternal deaths and 75% reduction in institutional perinatal deaths, (2016-2025); 98% discharge survival rate from our 5 Newborn Care Units.

Mother Rescue Project:

200 midwives/physicians trained in the system; 100 boda_boda drivers enrolled and trained; 100/200 Village Savings avings for Health.

Family Planning Activity:

In 2025, **24,350** individuals reached through community dialogues; 35,250 individuals through home visits; 185 community facilitators, including Community Health Workers, nurses, and local government leaders, were Trained in mobilization, integration of family planning messaging, and dialogues

Maternal, child and Newborn Health Program Activity:

Three PHBC-established Newborn Care Units achieved a **99%** discharge survival rate, reflecting strengthened clinical capacity and improved quality of care.

550 children were treated for Severe Acute Malnutrition (SAM), achieving a 92% recovery rate.

25,350 caregivers received counseling on exclusive breastfeeding and appropriate complementary feeding practices.

Helping Babies Breathe(HBB)

Over the past five years, the Helping Babies Breathe (HBB) Program has trained more than 800 healthcare providers in essential newborn resuscitation and immediate newborn care across supported health facilities. Through improved delivery room practices and timely lifesaving interventions, the program has contributed to saving over **2,000** newborn lives and significantly reducing preventable neonatal deaths.





PAMOJA HEALTH FOR BETTER CHILDREN

Better Health. Brighter Future. Stronger Communities.

FINANCIAL REPORT 2025



In 2025, Pamoja Health for Better Children (PHBC) continued to advance health and well-being for mothers, children, and families through life-saving programs and community initiatives. We are grateful to our funders, partners, and supporters whose generosity makes our work possible.

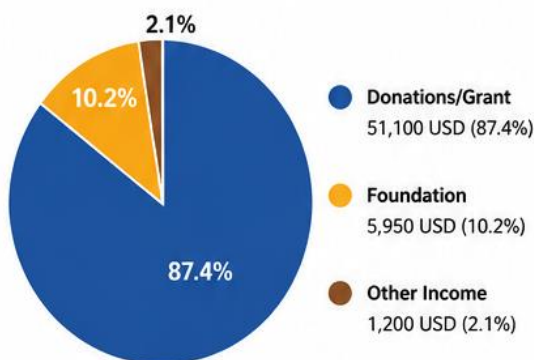
TOTAL REVENUE
58,450 USD



REVENUE OVERVIEW

58,450 USD

Total Revenue



SOURCE OF INCOME	AMOUNT (USD)
Donations/Grant	51,100
Foundation	5,950
Other Income	1,200
TOTAL REVENUE	58,450



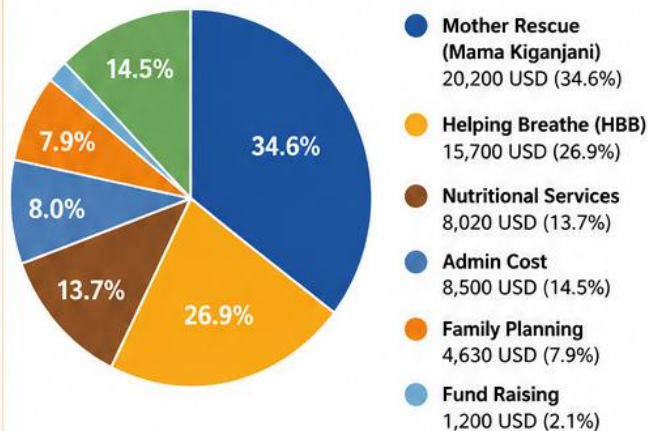
OUR IMPACT

Your support enables PHBC to deliver essential health services, empower communities, and create lasting change for a healthier tomorrow.

EXPENSES OVERVIEW

58,450 USD

Total Expenses



EXPENSE CATEGORIES	AMOUNT (USD)
Mother Rescue (Mama Kiganjani)	20,200
Helping Breathe (HBB)	15,700
Nutritional Services	8,020
Admin Cost	8,500
Family Planning	4,630
Fund Raising	1,200
TOTAL EXPENSES	58,450



TOGETHER, WE ARE BUILDING
A HEALTHIER FUTURE FOR CHILDREN AND FAMILIES.

Thank You!